

**CONCORD/NATALIE ATWELL COUNSELING
ASSOCIATES**

PRESENTER OF GROUP:

JAIDA ALLEN, MSW, LCSWA, LCASA

BACK TO SCHOOL GIRL'S EMPOWERMENT GROUP

GROUP FOR GIRLS AGES 8-13

TOPICS:

- SESSION 1: ANXIETY WITH RETURNING TO SCHOOL
- SESSION 2: SELF-ESTEEM AND SELF-CONFIDENCE
- SESSION 3: IMPLEMENTING SKILLS

WHEN?

- Session 1: AUGUST 20TH, 2022 FROM 10:00-11:00
- Session 2: AUGUST 27TH, 2022 FROM 10:00-11:00
- Session 3: SEPTEMBER 10TH, 2022 FROM 10:00-11:00

WHERE?

-170 DAVIDSON HWY, CONCORD, NC
28027

*If group location needs to change due to
size of group, a notification will be sent*

CONTACT INFORMATION:

- (980)209-6328 EXT. 3
- jaida@concord-nacounseling.com

HOW TO SIGN UP?

-PLEASE EMAIL OR CALL THE
ABOVE LISTED CONTACT AND
PROVIDE THE BELOW LISTED
INFORMATION:

- Name:
- Date of birth:
- Parent/guardian name:
- Home address:
- Primary phone number:
- Primary email address:

